

Transformations Treatment Center is a leading provider of addiction treatment services designed to help individuals who struggle with chemical dependency. Transformations utilizes a three phase step down program designed to help those transform from an addiction centered lifestyle to one that trusts in the recovery process.

The philosophy of Transformations is based on the theory that addiction or alcoholism is a three-fold disease: physical, mental, and spiritual. At Transformations we treat the individual as a whole.

Transformations is located in the heart of Delray Beach, Florida which is known as the recovery capital of the nation. Delray Beach offers 100's of 12 step recovery meetings to help individuals build healthy support groups.

Transformations

Drug & Alcohol Treatment Center

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TRANSFORMATIONS

DRUG & ALCOHOL TREATMENT CENTER

Transformation-Metamorphosis



A profound change in form, nature, appearance, or character; such as from a caterpillar to a butterfly

In addition to our traditional treatment program Transformations offers a faith based drug and alcohol treatment track for individuals who are having difficulties with alcohol and drug dependence.

Faith Based Treatment is different from typical rehabilitation facilities because it emphasizes Jesus Christ as the Higher Power referred to in all other 12 step recovery centers. By combining the 12 step recovery program with biblical teachings, clients are empowered and the healing can begin.



Program

Transformations Treatment Center is a 30 to 90 day three phase step down treatment program. We are designed to meet each of our clients' needs. The appropriate Treatment Phase will be determined during the initial screening process.



Phase I

Designed for the client discharged from a Detoxification Unit, or who is struggling with abstinence from any mood-altering chemical. The following programs are included in Phase I during the 30 day period.

- *Group Counseling Sessions (2 hours per day)*
- *Individual Counseling Sessions (2 hours per week)*
- *Life Skills Coaching Groups (2 hours per day)*
- *Weekly Food Allowance*
- *Personal Training Sessions (2 per week)*
- *Community Event Allowance*
(*bowling, movies, amusement park, etc.*)
- *Housing provided by Integrity Way*
- *Transportation Services*



Phase II

Designed for those discharging from an Inpatient facility and/or those who are in need of extensive Life Skills Coaching. The following programs are included in Phase II during the 30 day period.

- *Group Counseling Sessions (2 hours per day)*
- *Individual Counseling Sessions (1 hour per week)*
- *Life Skills Coaching Groups (2 hours per day)*
- *Individual Life Skills Session (1 hour per week)*
- *Weekly Food Allowance*
- *Personal Training Sessions (2 per week)*
- *Community Event Allowance*
- *Housing provided by Integrity Way*
- *Transportation Services*

Phase III

Designed for those who are currently employed or are attending school. Employment must be approved by staff. Anyone entering Phase III will have a minimum of 60 days clean and sober. The following programs are included in Phase III during the 30 day period. Upon completing this phase, qualified clients will have the option of staying at Integrity Way.

- *Group Counseling Sessions (3 per week)*
- *Individual Counseling Sessions (1 per week)*
 - *Weekly Food Allowance*
- *Personal Training Sessions (2/week)*
- *Housing provided by Integrity Way*

Supportive Housing

Our homes and properties are specifically designed to help recovering addicts and alcoholics balance physical, mental, and spiritual well-being. Nicely furnished luxury three bedroom, two bath apartment homes that offer complimentary:

- *Single Rooms*
- *Queen-Size Beds*
- *Washers and Dryers*
- *Full Size Kitchens*
- *PC's with Cable High Speed Internet*
- *Unlimited Local & Long Distance Calling*
- *Premium Channel Cable Service*
- *VCR/DVD Televisions in Bedrooms*
- *Tennis / Racquetball Courts*
- *Swimming Pools*
- *Jacuzzis*
- *Picnic Areas*
- *Fishing areas*

